

Basic Rules and Good Manners in Tokyo Natural Parks

Tokyo Natural Parks Rules and Manners

We'd like to let you know some of the "basic rules and good manners" for when you visit natural parks. Thank you for your understanding. We hope to see all visitors able to enjoy themselves in Tokyo's natural parks.

This code applies to the following areas.



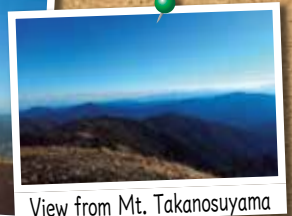
Scenery of Nishitama Area



Ogochi Dam and Mt. Gozenyama



Mt. Bonooreyama



View from Mt. Takanosuyama

Basics

1 Natural parks are home to precious nature we must all take care of

Once we have lost the pristine beauty of nature, we cannot get it back. It's our duty to protect and conserve nature for future generations.

2 Natural parks may present real hazards

The parks are wild places with real hazards, such as lightning strikes, rock falls, and other naturally occurring events. Mountain paths may be steep and precarious and cause you to trip and fall. Be careful with the decisions you make for your own safety's sake. Every trip needs a plan, preparation, equipment, and consideration of your physical limitations.

3 Some areas of natural parks are private property

Please respect the goodwill of any private property owners during your time in the parks.

4 The following "Basic Rules & Good Manners in Tokyo Natural Parks – " will be reviewed periodically and may change depending on the condition of the parks and conservation efforts taking place

Tokyo Natural Parks Rules and Manners

Basic Rules for Individuals

Please understand the following rules so that anyone in nature parks can enjoy nature

For all,

1 Be sure to take all of your trash out of the park with you

Leaving trash in the park diminishes nature and the landscape, and may also harm the wildlife. There may be no trash cans in the parks, so take everything home with you.



2 Hiking off-trail is not allowed

Please stay on the mountain path for your own safety and to protect the growth of native flora.



3 Do not take wildlife, wild plants or rocks out of the parks

You may not take rocks, fossils, plant specimens or anything else out of the parks.



4 Don't feed wildlife and respect their privacy

Please do not feed any wild animals or birds as it encourages them to seek out more food from humans. Do not surprise or threaten them for their safety and your own at all times.



5 Listen to the sounds of nature

Natural parks are full of the sounds of the wind, streams, and birds singing. Enjoy these sounds without headphones or other audio devices. These sounds will also alert you to potential hazards such as falling rocks or accidental contact with others.



6 Tell someone your plans before visiting the mountains

Make sure to inform your family or friends of your destination, and submit a Mountain-Climbing Registration Form for your own safety, especially when you are trekking alone in the mountains.



7 Be considerate of other visitors

Please be considerate of other visitors and share park facilities, particularly when you are in a group. Priority should be given to the smaller group when passing or overtaking others.



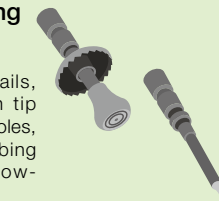
8 Be careful not to bother other visitors when you smoke.

A lot of people visit natural parks to enjoy the clean air. Avoid smoking in areas where there are many people. Don't drop or leave any of your cigarette butts behind.



9 Take care not to damage nature and facilities when you use mountaineering equipment

To protect the mountain trails, be considerate and attach tip protectors to your trekking poles, and refrain from using climbing irons on trails without snow-covered surfaces.



10 Don't bring any exotic animals or plants that could disrupt local plant and animal communities

Non-native animals and plants can damage the local eco-system of natural parks. Please don't leave any exotic animals or plants behind. As an extra precaution, remove mud and seeds from your shoes and clothing before entering natural parks, as these may interfere with the local flora.



For people accompanying pets

(for those who climb mountains or go sightseeing in natural parks accompanied by dogs, cats, or other animals)

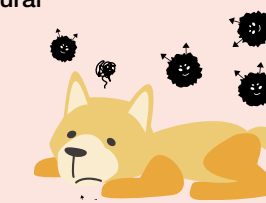
11 Keep your animal supervised at all times

Please be considerate of other park visitors who may not like animals by keeping your leashed pets on short leads at your side. And remember to remove mud and seeds from your pets before entering natural parks.



12 Don't take pets that are or may be sick to natural parks

Pets with sickness might affect wildlife. Be considerate not to bring them especially when they have infectious diseases.



13 Clean up after your pet

Owners are responsible for cleaning up after their pets. Please be as hygienic as you can with the disposal of your pet's waste.



For people enjoying sports

(for those who run along the mountain trails for sport or recreation)

14 Walk when you pass or overtake other visitors

Overtaking while running can be dangerous. When you pass or overtake others, please slow down and let the other party become aware of your presence. Having bear bells attached to your backpack or clothing can also help.



15 Please walk in crowded areas

Natural parks are often crowded during holidays or the spring and autumn seasons. Please walk in congested areas so as not to run into other visitors. Please keep in mind that Mt. Takao in particular can be densely thronged with visitors throughout the year.



16 Walk when the mountain trails are wet or muddy

When there are puddles or frost on the mountain trails, running can cause significant damage, so please keep to a walking pace when the conditions are delicate.



17 Walk along the No. 1 natural research trail at Mt. Takao

Please keep to a walking pace along the No. 1 natural research trail at Mt. Takao because it always has many visitors and vehicles.



For people enjoying sports

(for those who intend to ride mountain bikes along the mountain trails)

18 Note that the mountain trails are maintained for the hikers

The mountain trails in natural parks are maintained as footpaths for the purpose of walking according to the Natural Parks Act. Mountain bikes are lightweight vehicles, so avoid entering the mountain trails in Meiji-no-Mori Takao Quasi-National Park and Takao-Jimba Natural Park because there are so many hikers. Also, please refrain from using your bikes at other parks during high season.

19 Please don't enter areas by bike where the natural environment is delicate

Please don't enter any area of high-quality nature with bikes in Special Protection Zones and Type I Special Zones, to be considerate and conserve the environment.



20 Don't enter natural parks by motorcycle

Don't enter any natural parks by motorcycle for the purposes of leisure so as not to disturb the quietness or damage the mountain trails.

